

# walking through jerusalem & flakebridge

two short walks of about 5.5 miles  
easiest together with OS map OL19

**the lake district**  
Cumbria

take care at all times

**75P**

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## **Appleby to Colby via Jerusalem Farm**

From the Moot Hall walk up Boroughgate to the Post Office and **turn right** down High Wiend and cross over Doomgate. On the left **turn left** into the Banks Lane footpath (signed To Bandlely Bridge) and walk for approx 500m to the second set of concrete steps on **the left of the children's playground**. Follow **straight ahead** to Colby Lane. Opposite, you will see a bridlepath going downhill and then uphill past a field barn. **Cross over** and take this route. **Cross over the stile** at the top into the field., Bear **left** to follow the hedgerow round the edge and continue **through a gate** into the next field. Towards the bottom of the second large field, the path bears left onto the path to Bandlely Bridge **through Rachel's Wood**, which is now visible. Go down to the bridge, **cross and turn left**.



Hoff Beck is a tributary of the Eden, which runs through limestone country, rather than the red sandstone of the Eden valley. In the area round Bandlely Bridge, kingfishers may be seen, as well as a variety of woodland and riverside birds.

Cross bridge and turn left.

**(FROM HERE KEEP GOING STRAIGHT ON FOR APPROX ONE MILE OR 1.5KM UNTIL YOU SEE A BLUE DIRECTIONAL ARROW POINTING RIGHT)**

You will follow a slight rise, **through a kissing gate** and a growth of hazel trees, eventually reaching a fence with a stile. Just before the stile, **turn right** to follow the blue directional arrow along an overgrown bridlepath. After the first, short, wooded section the path opens out into a field and becomes clearer, following the left side of the fields in a fairly straight line past some large abandoned stones. **Straight on** to a small arched stone bridge crosses a small stream, into some animal pens after which, keep left near the hedgerow – mainly hazel. Walking in the woodland, **keep going straight on** for about 500m or approx two thirds of a mile and continue until it opens out and you reach a

large field stretching uphill. Keep going **straight on** up and down hill, past two stone gate posts on the left, to the next fence and gate, to the right of which is a **water trough**. Here there is a **blue directional arrow pointing right**. **Turn right**, past the water trough, to opening in the wall at the bottom. Through this can be seen two small quarries. Go into the field, passing between the quarries and edge across to the right, following the edge of the field uphill to the gate in the top right corner. **Cross into** the next field and keep to the right until the next gate where a farm access road leads diagonally right **to and through Jerusalem Farm**. On reaching the Colby – King’s Meaburn road, **turn right** for Colby Village. Colby was settled by the Danes - the name means *the farmstead on the hill*. It was held by a family of that name from the time of Henry II until that of Richard II, when it passed to the Warcops, who held it until the restoration. After about half a mile the road bridge over Hoff Beck gives a choice of three different routes back to Appleby.

**Option 1.** Follow Colby Lane, the road route back to

Appleby. This is the shortest route. *Total distance about six and a half miles.*

**Option 2.** On reaching the roadway, **turn right** for a few yards, then cross directly over to a lane leading off, following the line of Hoff Beck. At the end of the lane take the path signposted to Hoff. At Nether Hoff Farm follow the direction arrow to the right of the farmhouse, then cut back left into the farmyard and pass between two outbuildings.

From here a track goes uphill away from the farm with Hoff Beck in sight down to the left. The track bears left to reach two gates. Take the left hand gate and follow a sheep trod down and across a steep bank to the beckside. There now follows a very pleasant waterside walk back to Bandley Bridge, with a well wooded area on the far bank. One beck pool, about halfway to Bandley Bridge is sometimes used as a swimming area by local children - a nice area to cool off the feet on a hot day.

The footpath follows the beck side closely, all the way to the bridge, which takes you to

the return route to Appleby. Turn left over the bridge and cross over the black and white iron stile into the field beyond. Turn left and follow the wall until you see two trees in a field, rising sharply ahead. Keep to the left of the trees to the top of the rise and, from the summit, go slightly downhill and diagonally right to a wooden cross stile in the fence.



Pause here a moment to admire the view ahead, with the castle and town of Appleby in the foreground and High Cup Gill and the Pennines providing a backcloth.

From this stile, cross downhill to the right to an iron stile, cross over and turn left. The path now follows a direct line to Colby Lane. This latter part is provided with good stiles and waymarking. The path quickly becomes a wide bridlepath which ends at the roadway. Turn left at the road, cross over

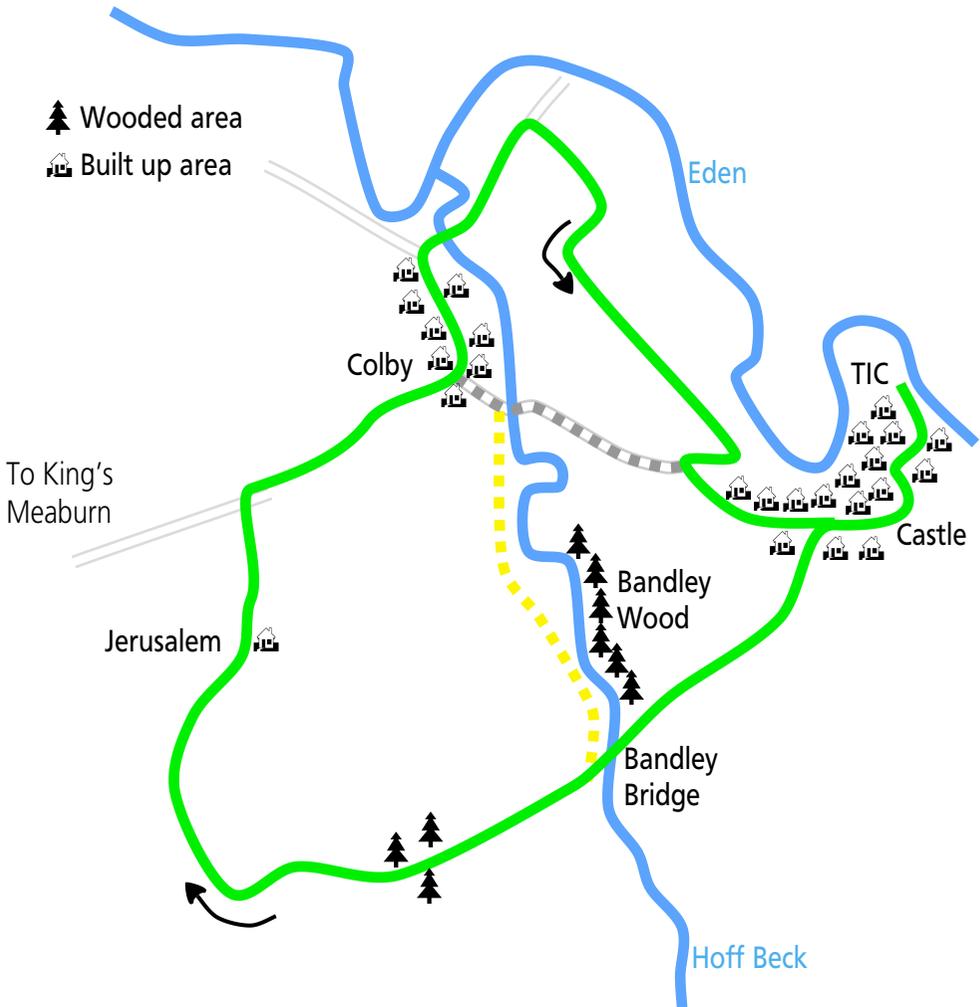
and take the first turning on the right - *Margaret's Way*. Go on until the way divides and take the flight of concrete steps into Banks Lane, which leads back to the town centre. *Total distance about seven miles.*

Option 3. **Go left** and follow the road looking for a signposted lane on the right, leading down some steps. **Turn left** across a stile into a field. Keep left, pass in front of a Farmhouse to a causeway across the beck. **Cross it**. A track leads to Colby Laites Farm. When you can see the farm take a signposted path on the right which runs adjacent to two fields where it turns **right** for the width of one field, then **left** through a further four fields, leading directly on to Dowpitts Wood.

The name *Dowpitts* refers to two beds of heavy clay which were once dug for agricultural purposes. The Wood is rich in wildlife and worth exploring for its own sake.

The path now continues past Banks Wood to rejoin Banks Lane and the start of the walk. *Total distance about 6½ miles.*

# Walking through Jerusalem



Main route shown in green. 6.5 ml 10.5 km

Short route from Colby to Bandley Bridge in yellow 3.6 ml 5.8 km

Short route from Colby to Appleby in grey 5.5 ml 9 km

**NB: As you are walking through fields and sometimes near streams, it may be muddy - please wear the correct footwear.**

## Flakebridge Wood

From the Moot Hall walk along Bridge Street and cross the river to The Sands. Turn right to pass the Shire Hall and after climbing the hill gently left into Drawbriggs Lane. The Shire Hall is the former courthouse and gaol, one of many historic buildings in Appleby. Follow Drawbriggs Lane, bearing left into Garbridge Lane and continue into Roman Road as it passes under the A66.

The road curves round to the left and shortly brings you to Hungriggs Lane on the right. Immediately on the right again is Stank Lane. Stank Lane is a narrow path roofed by trees which give cool shade on a hot day. Many are grown out from a layered hedge and comprise a variety of species. Autumn fruit-gatherers may note elder, sloe, crab apple and dogrose as well as the occasional bramble and gooseberry.

At this point we have a choice of routes:

### A

Stank Lane passes a stile on your left and then traverses a field off to the right (the path

is not clear on the ground) towards and through Stank Wood. The path at this point descends a steep bank with steps cut into it, through a mixed wood of larch and deciduous trees. Continue across a grassy ridge towards a signpost. The right hand path leads to Well House Road. Follow this path to Well House Road and take a right turn back into town.

*Total distance about 3 miles.*



### B

Follow route A as far as the ridge and signpost after Stank Wood. At this point turn left and follow the track to Flakebridge Wood. Shortly before the wood, the path crosses a stream lined with alders. At the edge of the wood turn left and follow the path to its junction with Frith Lane, a track which leads to the Brampton - Dufton road at Esplandhill. A left turn here leads to Clickham Farm, after which a further left turn leads into Lime Lane and on to

Hungriggs Lane for the return to town. The woodland here is mixed with conifers such as pine, spruce and cypress, mingling with ash, elm oak and a variety of deciduous trees and shrubs including blackthorn, hawthorn and guelder rose.

An alternative route back to town follows the road from Frith Lane all the way back to Appleby, passing close to Fair Hill and entering town via Battlebarrow.

*Total distance about 5 miles*



### C

For a longer walk, making a total distance of about seven miles, follow walk B to the point where Frith Lane meets the road to Dufton at Esplandhill.

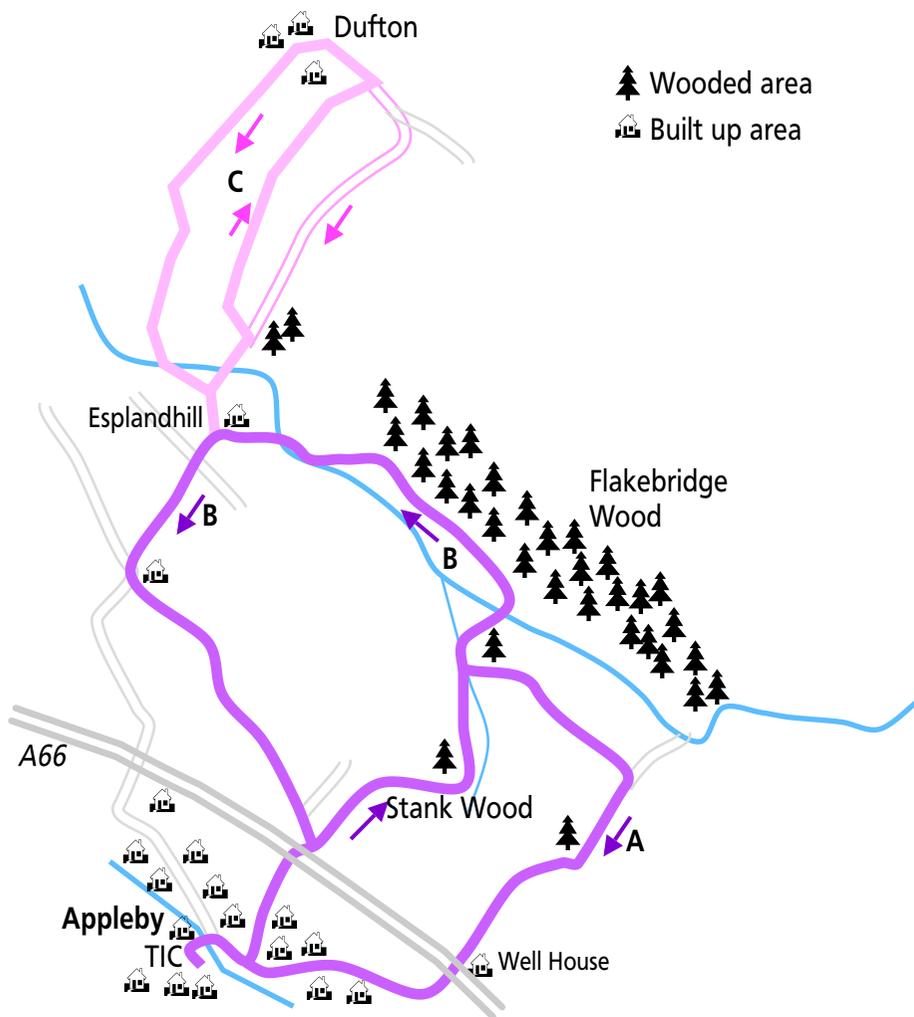
At the junction, turn right and follow the road to Dufton. After a short walk a path offers a short-cut across the

fields and past Dufton Wood to reach the village of Dufton. Take time here to enjoy the village with the Pennines beyond. Dufton is also an excellent place to break your journey for refreshment.



Dufton is the starting point for one of the most popular fell walks in the area- the circular walk to High Cup Nick, one of the most spectacular points of the North Pennines. On the village green is a fascinating fountain, presented by an official of the London Lead Mining Company. Beyond it can be seen Dufton Pike, one of a series of conical hills fringing the Pennines in this area. These are outlying examples of the rocks which arenormally found in the Lake District, rather than the Pennines. The return journey can be made along the road from Dufton to Appleby. Alternatively a path can be traced back to Esplandhill across the fields behind the post office.

# Walking through Flakebridge



**For further information** on local walks, Eden attractions; where to eat and where to stay; books, maps, postcards and souvenirs, call in at

**Appleby Tourist Information Centre**

telephone 017683 51177 • e-mail [tic@applebytown.org.uk](mailto:tic@applebytown.org.uk)