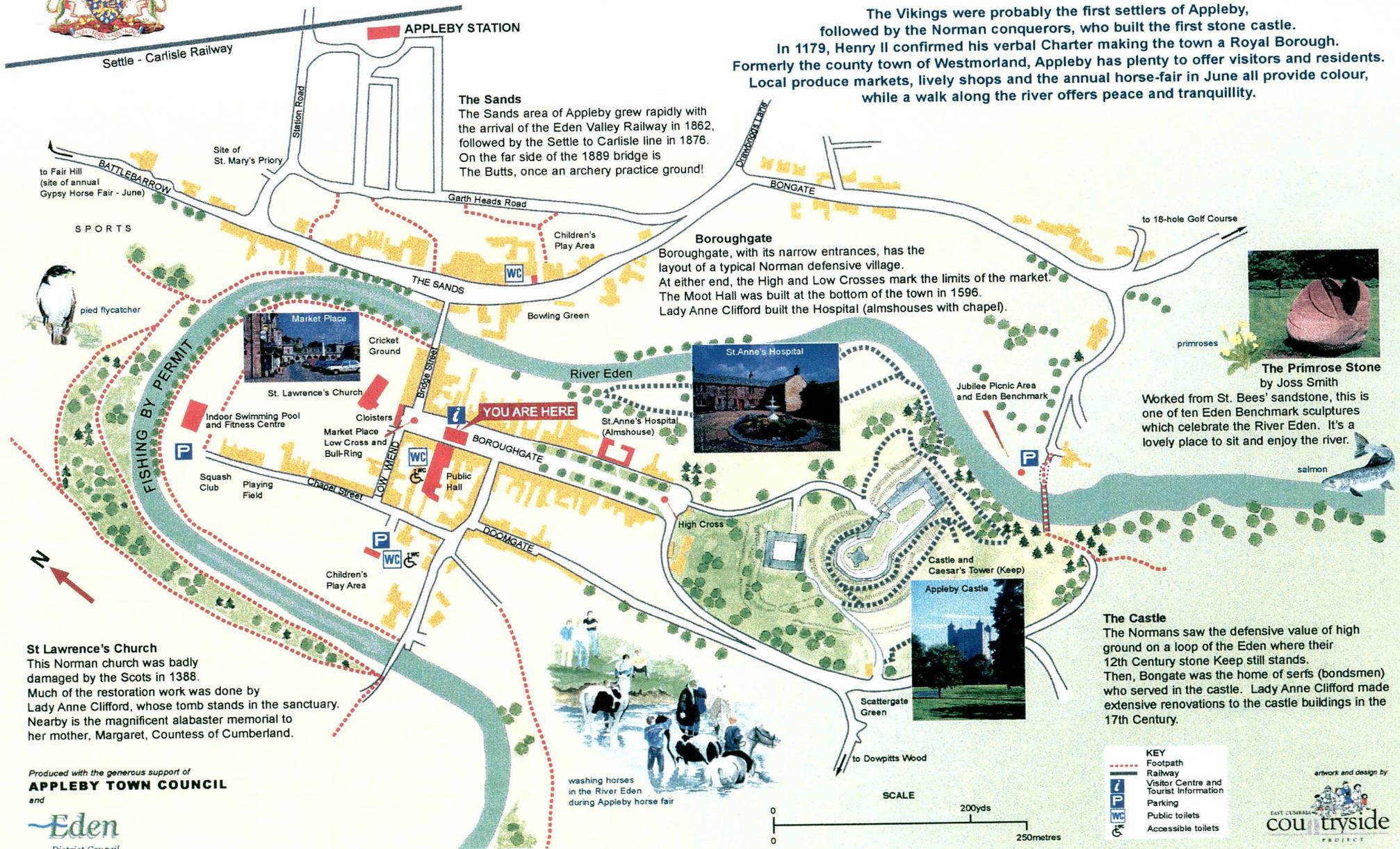




Appleby-in-Westmorland

The Vikings were probably the first settlers of Appleby, followed by the Norman conquerors, who built the first stone castle. In 1179, Henry II confirmed his verbal Charter making the town a Royal Borough. Formerly the county town of Westmorland, Appleby has plenty to offer visitors and residents. Local produce markets, lively shops and the annual horse-fair in June all provide colour, while a walk along the river offers peace and tranquillity.



The Sands
The Sands area of Appleby grew rapidly with the arrival of the Eden Valley Railway in 1862, followed by the Settle to Carlisle line in 1876. On the far side of the 1889 bridge is The Butts, once an archery practice ground!

Boroughgate
Boroughgate, with its narrow entrances, has the layout of a typical Norman defensive village. At either end, the High and Low Crosses mark the limits of the market. The Moot Hall was built at the bottom of the town in 1596. Lady Anne Clifford built the Hospital (almshouses with chapel).

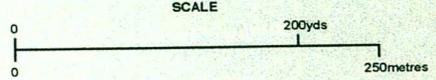
The Primrose Stone
by Joss Smith
Worked from St. Bees' sandstone, this is one of ten Eden Benchmark sculptures which celebrate the River Eden. It's a lovely place to sit and enjoy the river.

St Lawrence's Church
This Norman church was badly damaged by the Scots in 1388. Much of the restoration work was done by Lady Anne Clifford, whose tomb stands in the sanctuary. Nearby is the magnificent alabaster memorial to her mother, Margaret, Countess of Cumberland.

Produced with the generous support of
APPLEBY TOWN COUNCIL
and
Eden
District Council

The Castle
The Normans saw the defensive value of high ground on a loop of the Eden where their 12th Century stone Keep still stands. Then, Bongate was the home of serfs (bondsmen) who served in the castle. Lady Anne Clifford made extensive renovations to the castle buildings in the 17th Century.

- KEY**
- Footpath
 - Railway
 - Visitor Centre and Tourist Information
 - Parking
 - Public toilets
 - Accessible toilets



Appleby-in-Westmorland

Colour Map & Short Walk Guide

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NB: The Castle and its grounds are currently closed for renovation works

**Routes 1 and 2 are shorter, 3 and 4 are longer.
The best views are to be had on Route 4.**

Wheelchairs and Scooters

Route 1 is designed to be suitable for users of a wheelchair or scooter, both of which are available to borrow from the Health Centre or Edenside (ask at the Moot Hall for directions).

Route 1

Start at the Moot Hall, which houses the Tourist Information Centre. The Moot Hall has a date stone of 1596, and the Town Council has met here throughout its existence. Until 1770 it also housed the Assize Courts.

The stalls of the market traders stood in the area between here and the church, and also when needed, the stocks pillory and whipping post. Here too is the Bull Ring, set in a paving stone, where bulls were baited until 1812 when one ran amok in the market. From the Moot Hall, head towards the Cloisters and the Church.

The tall white pillar is known as the Low Cross and is matched by the High Cross at the top of the hill, both marking the limits of the market. The Cloisters, designed by Robert Smirke, the architect of Lowther Castle, were given to the Town by Bishop Smith in 1700 to shelter the butter-sellers.

The Parish Church of St Lawrence is listed among the "thousand best churches in England" and has many features of historical and architectural interest: Norman tower, medieval nave, 17th century organ (restored 1975) and the splendid tombs of Lady Anne Clifford and her mother, Lady Margaret.

Come out of the Church through the Cloisters and turn left along Bridge Street. When you reach the King's Head on the right, turn left just before the bridge (built in 1888). This part of the River Eden is where horse traders bring their horses to wash during the annual Horse Fair held each June.

Carry on along the path past the cricket field. On the other side of the river you can see the Methodist Church built in 1888. The area you are now in is called the Butts: this is where archery was practised in earlier times.

Follow the path past the Swimming Pool. Originally an open-air pool built in 1959 as a memorial to those killed in World War II, it was converted to indoor in 1994. Near the Swimming Pool are the floodgates; these were put in place in 1995 to prevent flooding in Chapel Street.

Follow the path with the river on your right and the new Doctor's surgery on your left. The next building you see will be the Scout Hut. Keep on until just past the children's playground, and then turn left. Pass two more floodgates then follow Low Wiend to return to the Town Centre.

Route 2

From the Moot Hall, walk towards St Lawrence's Church and turn right into Bridge Street. After crossing the bridge, turn left on The Sands. Follow the footpath along the riverbank to the entrance gate into Holme Wood. Walk up the steps in the wood and take the left footpath parallel to the riverbank. At the end of the wood, either carry on into the town centre or turn sharp right up the path following the fence on the left. This route is more strenuous but has some good views of the Pennines. You will eventually return

to the entrance gate to Holme Wood from where you can retrace your steps to the town centre.

Route 3

From the Moot Hall, walk up Boroughgate. At the top of the hill turn right and continue along Shaw's Wiend and Castle Bank. Follow the pavement, keeping to the left hand side, as it skirts the Castle walls and continues downhill to the Jubilee footbridge. In the car park and picnic area at the other side of the footbridge, one of a series of Eden Valley sculptures is sited, a stone seat in the shape of primrose. Walk up Mill Hill past Bongate Mill on the right at the bottom, and St Michael's Church (now a private residence) on the left at the top.

If you'd like a longer walk, follow Route 4 from this point, otherwise turn left into Bongate and walk back to the town centre, passing the Bowling Green on The Sands and crossing the town bridge.

Route 4

(Please ask for a map covering this area)

Follow Route 3 until you get to St Michael's Church. Turn right into Bongate and continue uphill to the left turn into Cross Croft (signposted Hilton and Murton). Continue along this road and take the second left turn into Roman Road (signposted Brampton, Long Marton). Continue past Appleby Manor Hotel on the left, enjoying the panoramic views. Bear right following the road under the bypass bridge and along the side of the dual carriageway until it drops downhill to the junction with Long Marton Road. The field on your right as you walk downhill is the Fair Hill, the site of Appleby's famous annual Gypsy Horse Fair. Turn left into Long Marton Road after the junction with the bypass and follow the road onto Battlebarrow, passing Appleby Grammar School on the right. Continue into The Sands and cross the bridge to return to the centre of town.